



Description:

The Heartsaver AED course is a comprehensive course for the lay responder and is particularly useful for those expected to respond to emergencies in the workplace, or in sporting environments, especially using an AED (defibrillator) which is so important in the first minutes after a cardiac arrest.

It is designed to teach you:

- **CPR**
- **Choking (foreign-body airway obstruction)**
- **Use of an AED (Defibrillator)**

The Course takes approximately three hours and you will receive a course completion card upon successfully completing the course.

Duration: 3 Hours

Max Number of Students: Six

Certification: Irish Heart Foundation certificate.

Cost: €95 per student/€395 per course.

For further information or any queries, contact:

Jonah Roche 086 2443618 or email jonah@skillshop.ie

*“We are what we repeatedly do,
Excellence then, is not an act, but a habit”
Aristotle*